

HEARTDROPS

Ingredients (mg per ml)		Indications
aged garlic	435.5	cholesterol
cayenne fruit	2.4	peripheral arterial support
motherwort	3.1	shortness of breath
white willow bark	1.3	blood purifier
bilberry leaf	1.9	cardiovascular
euopean mistletoe	17.9	circulation
hawthorn fruit	35.8	arterial cleansing
hawthorn leaf & flower	2.1	hypertension

Heartdrops for heart health

- arterial cleansing and circulation
- dissolve arterial plaque and cholesterol
- increase blood flow to the extremities



CARDIO CALM™

Ingredients (mg per ml)		Indications
skullcap	43.12	nervous system/stress
indian sarsaparilla	38.57	heart brain connection
peppermint leaf	35.18	weak heart
cayenne fruit	1.98	cardiovascular
euopean mistletoe	31.75	circulation
hawthorn fruit	31.65	arrythmia/palpitations
hawthorn leaf & flower	317.65	hypotension

Cardio Calm for heart health:

- irregular heartbeat
- nervine for stress
- heart muscle atrophy
- support the heart & brain connection via the autonomic nervous System (ANS)



WHO WOULD BENEFIT FROM USING STRAUSS HEARTDROPS & CARDIO CALM DROPS?

Keeping your arteries open, clear and smooth will have a most profound impact on all aspects of your health.

Men & Women Adults - (not recommended for those under 12 years of age)

- Ridding of arterial plaques and toxins can be done as a prevention too!
- Anyone with mild sluggish circulation issues to those suffering from more severe CVD and diabetic peripheral arterial concerns.
- Varicose veins and/or spider veins - to strengthen walls of the arteries, veins, and capillaries. Reduces stagnant blue blood and pooling of blood, reducing the bluish look of the vein and prevents further spider veins occurring.

Athletes

- Maintenance of cardiac health. Athletes should take the Heartdrops to increase O₂ / CO₂ exchange which decreases lactic acid build up. Experienced longer workouts with less recovery time resulting in less muscle fatigue and pain.
- Maintaining a healthy heart can give an athlete an edge in competition, as well as in the long run.

Scholars/Students

- More brain power and memory retention due to the increase in blood flow and circulating O₂.
- Especially when combining the Heartdrops with Cardio Calm to de-stress the Central Nervous System and Autonomic Nervous System in cases of arrhythmia and anxiety, allowing for increased cognitive power.

Communication between the heart and brain is a dynamic, ongoing, two-way dialogue, with each organ continuously influencing the other's function. Communication along all these conduits significantly affects the brain's activity.

The heart communicates to the brain in four major ways:

1. neurologically (through the transmission of nerve impulses)
2. biochemically (via hormones and neurotransmitters)
3. biophysically (through pressure waves)
4. energetically (through electromagnetic field interactions)

CIRCULATION RELATED CONDITIONS	FACTORS IN VASCULAR HEALTH
Arteries - arteriosclerosis, vasculitis	• Chronic Stress
Bones - osteoporosis, arthritis	• Arrhythmia/Rapid/Irregular pulse
Brain - stroke, Alzheimer's, and Parkinson's	• Arterial Plaque
Ears - hearing loss, tinnitus	• Triglycerides
Eyes - vision loss, retinopathy	• Diabetes
Genitals - erectile dysfunction/infertility	• Oxidized LDL
Heart - heart attack, atherosclerosis	• High Blood Pressure
Kidneys - edema, diabetes	• High Cholesterol
Lungs - asthma, COPD, pneumonia	• Cold Hands/Feet
Prostate - prostatitis, BPH	• Fatigue unexplained
Spinal Cord - back pain, paralysis	• High Anxiety
Spleen - supports infection defense	• Chest pain/pressure
Veins & Vessels - varicose, thrombosis	• Male impotence
	• Gum Disease
	• Lightheadedness/dizziness
	• Weak grip strength
	• Frank's sign (earlobe crease)