

Feel better with Strauss.

Recommended Dose:
take 3 ml
3 times per day



Strauss Woman's Wonder™ Drops

MENSTRUAL PAIN AND CRAMPING

Used Traditionally in Herbal Medicine

- to help relieve cramping (dysmenorrhea) associated with menstruation
- to help relieve pain associated with menstruation as a uterine tonic and astringent
- to help alleviate excessive/heavy bleeding associated with menstruation (menorrhagia)

Woman's Wonder is a liquid combination product containing extracts of **11 different medicinal ingredient herbs**, that have all been used Traditionally in Herbal Medicine as female tonics and as other remedies for the female reproductive system, and in support of women's health in general.

The **Woman's Wonder** formulation is designed to provide a safe, balanced product for self-use. The **Woman's Wonder** formulation is safe and effective when taken as recommended for its intended uses/purposes.



STRAUSS
NATURALS

Learn More
Turn Over

Strauss Woman's Wonder™ Drops

Did You Know?

Period pain, or dysmenorrhea, is a common experience for many during menstruation. Around 80% of women experience period pain in their lifetime. You can suffer from period pain from your early teens right up to menopause. Most women experience some discomfort during menstruation, especially on the first day.

In fact, pain is the most common problem that people complain of during their menstrual cycles alongside premenstrual symptoms including bloating, mood swings, tender breasts, swollen stomach, lack of concentration, tiredness, and clumsiness.

Menstrual Cramps Symptoms

- Cramps in the lower belly or pelvis that start during the first 1 or 2 days.
- Cramps only happen during menstrual bleeding.
- Cramps often don't start until periods are present for over 1 year.

Causes

- This cramping is caused by strong muscle squeezing of the uterus, triggered by a high prostaglandin (a hormone) level.
- An egg release from the ovary (ovulation) is needed to cause cramping. Therefore, the onset is most often 12 months or more after the first period.
- Medical causes of severe menstrual cramps include pelvic inflammatory disease (PID) and endometriosis. An ovarian cyst can also cause very bad cramping.

Recommend Dose:

- Women (18 years and over): 3 mL, 3 times per day
- Take beginning 1 day before menstruation, and for a maximum of 3 days.
- Allow at least 1-hour between taking this product and other medications or health products.
- For occasional use only. Contraindicated in pregnancy or in those planning a pregnancy.

Medicinal Ingredients: Blessed Thistle Herb Top (*Cnicus benedictus*) 109 mg; Squawvine Herb Top (*Mitchella repens*) 109 mg; Raspberry Leaf (*Rubus idaeus*) 91 mg; Crampbark (*Viburnum opulus*) 58 mg; Uva Ursi Leaf (*Arctostaphylos uva-ursi*) 44 mg; Dong Quai Root (*Angelica sinensis*) 33 mg; Ginger Root (*Zingiber officinale*) 24 mg; Lobelia Herb Top (*Lobelia inflata*) 12 mg; Marshmallow Root (*Althaea officinalis*) 12 mg; Goldenseal Root (*Hydrastis canadensis*) 11 mg; False Unicorn Root (*Chamaelirium luteum*) 9 mg **Non-Medicinal:** water, glycerin, ethanol, spearmint flavour

Manufactured in a GMP Compliant, NNHPD licensed and USFDA inspected facility.

Strauss formulas have been available for over 40 years and are well known for being so effective you don't need to take them forever.



Satisfaction Guarantee

Available at **fine health food stores** and **natural pharmacies**.
Customer Service: 1 866 478 2873 www.straussnaturals.ca